

cut, many offerings such as sports, art, music, literature, health, science, history and politics are reduced or eliminated.

The growing impact of media has reached tweens who now, like adults, are a focus of the corporate world. Through their cell phones and computers, tweens are treated as a product, bombarded with tempting ads on how to improve their looks. Junk-foods and sugar-laden drinks are promoted as a dominant source of nutrition; at the same time causing childhood obesity, diabetes and heart disease—all while raising corporate profits.

In this book, Claire Nader raises us above this dark side of reality and concludes that tweens have not succumbed to it as we might have believed. On the contrary, she provides the reader with positive news and optimism derived from her experience as an advocate for numerous causes at the local, national and international level. Tweens are never afraid to ask questions.

Written simply, and often with humor, the book reveals why she admires tweens. She presents a large range of subjects that inspire them to become active, and through self-education, bring about change. Among them are how they pressed their parents to stop smoking, or wear seatbelts, once they learned that such actions saved lives. Others attended town meetings and vigorously expressed their opinions on social topics that negatively affected their lives locally and nationally.

One group of fifth-graders influenced their town to clean up a dump that was near their school. Others who were attending a run-down school in a poor neighborhood successfully agitated for a new school building. Planting a community garden was a meaningful experience. To add impact to a specific presentation, Nader often colors her point with thoughts like this one, from an ancient Chinese proverb: "To know and not to act is not to know."

Rarely discussed in the media are the effects some tweens suffer as the result of their IQ and other standardized tests given in schools. Many accept the fact that a poor performance suggests less success in future educational opportunities and jobs. Nader writes, "It has been found that standardized multiple-choice questions do not measure the most important talents for success in life. They cannot test your judgement, experience, wisdom, imagination, idealism, diligence, stamina, and resilience." This frank discussion provides tweens and their parents with a new look at themselves.

She clarifies myths about famous people in history and gives us a surprising and entertaining look at the dictionary as a door to meaning, understanding and enchantment. With the use of facts, she promotes natural foods for healthy bodies and provides an understanding of economic security. She believes that tweens are never too young to be active citizens. Nader's facts back her writings that if given the opportunity, tweens would be more than happy to join in the conversations.

One parent who read the book wished it were available when his children were young so they could read it and learn together. Others say that this book should be in every library and school, so teachers can use it as a reference and read it to kids. And, of course, kids should read it.

Using a unique approach, Nader has moved beyond stimulating the curiosity, imagination and intellect of tweens. Her book is a testament to her ability to reach the minds of all readers who will benefit from her insight and understanding.

## CELEBRATING CHIEF METEOROLOGIST GLENN BURNS

### HON. BARRY LOUDERMILK

OF GEORGIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, November 22, 2022*

Mr. LOUDERMILK. Madam Speaker, today marks Glenn Burns' last day with WSB-TV after serving as the Chief Meteorologist for forty years. Over the years, Glenn has been a familiar face on TV, from hosting the weekly Mega Millions lottery drawings, to being a trusted and calming presence for millions of Georgians during some of the most severe weather events in our state's history. While Glenn's presence on the 4:00 and 6:00 p.m. newscasts will be missed, Georgians are pleased to know Glenn will be serving as the Chief Emeritus for another year and will assist the network during future severe weather events in our area.

On behalf of Georgia's 11th Congressional District, I congratulate Glenn on an amazing career; and I sincerely hope that in his retirement Glenn will enjoy more time with his family, as well as enjoying the hobbies he loves: fishing, hiking, and astronomy.

## HONORING LARRY SUFFREDIN FOR A LIFETIME OF SERVICE

### HON. JANICE D. SCHAKOWSKY

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, November 22, 2022*

Ms. SCHAKOWSKY. Madam Speaker, I rise today to honor the many accomplishments of Cook County Commissioner Larry Suffredin. Larry Suffredin is a lot of things: he is a beloved elected official. An attorney. A United States Air Force veteran. A devoted husband, father, and grandfather. Commissioner Suffredin is the quintessential statesman, and I am proud to be able to call him a dear friend and neighbor.

Larry Suffredin has deep roots in our state and our community. Born in Evergreen Park, Illinois, he is the oldest of eight children, the son of a Chicago Police Officer, and a graduate of Loyola University Chicago.

Larry has a long history of service. While in law school at Georgetown University in Washington D.C., he joined the United States Department of Justice, and then went on to serve as an officer in the United States Air Force in the early 1970's. Upon being discharged from the armed forces, Larry worked as an Assistant Public Defender before moving on to other pursuits. Larry saw a lot of success as a lawyer. Practicing law for almost fifty years, he is a partner at Shelsky & Froelich and has had the opportunity to argue cases before the Illinois Appellate Court, the United States Court of Appeals, and the United States Supreme Court.

In 2002, Larry Suffredin was elected to serve as a member of the Cook County Board of Commissioners representing the 13th District. During his tenure, Larry's depth of knowledge and compassion made him an effective and passionate defender of Cook County residents and a mentor to many. Even in retirement, I am certain many will continue to seek his counsel.

Larry has a long list of accomplishments from his time spent as a Cook County Commissioner. A longtime advocate for gun safety reform, he helped pass Cook County's Assault Weapons Ban. He saved the old County Hospital Building from demolition and created the successful Independent Health and Hospital Board, and was a leader in raising the minimum wage. Larry played a key role in establishing Cook County's Office of the Independent Inspector General and created an Eviction and Mortgage Foreclosures Court protocol to protect people's homes.

As a Forest Preserve Commissioner, he has a whole other list! He established the New Century Conservation Council and worked hard to expand the Forest Preserve's land restoration initiatives and their use of trained volunteers. Larry was a driving force behind successful efforts to require children to wear bike helmets as they made use of this amazing local resource.

These are only a sampling of Commissioner Suffredin's successful efforts over the last twenty years. However, these accomplishments will have impacts on residents for many decades ahead. His leadership has made Cook County a better place for those who live here.

On behalf of the residents of the 9th Congressional District of Illinois, I thank Larry for so many years of dedicated and effective leadership on behalf of our community. I know his family—Gloria, Tom, Elizabeth, and their families—are excited to spend more time with him in the years ahead. I hope that he continues to answer my calls when I am the one calling for his counsel, and I wish him nothing but the very best moving forward.

## COMMEMORATING THE 75TH ANNIVERSARY OF THE HAWAII WING OF THE CIVIL AIR PATROL

### HON. ED CASE

OF HAWAII

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, November 22, 2022*

Mr. CASE. Madam Speaker, I rise today to commemorate the 75th Anniversary of the Hawaii Wing of the Civil Air Patrol (CAP). Founded in 1947, the Hawaii Wing of the CAP works to support the mission of its national organization in my home state. What began as a volunteer organization to mobilize civilian aviation resources for national defense following World War II has evolved into a premier public service organization that carries out emergency service missions when and where needed.

The Hawaii Wing of the CAP, as well as the CAP wings in Alaska, Guam and Puerto Rico, only came to be because of the determination of Sarah Park Hawaii. She was an avid pilot and took her first solo flight at age 16 shortly after the end of World War II. The same year she took her first solo flight, she began working to convince CAP's National Headquarters to change its rules so that Hawaii and the other territories at that time could create their own CAP wings.

Due to her persistence, in 1947 the Hawaii Wing began its operations. It initially served as an additional resource for national defense and sought to protect Hawaii by conducting observation flights around the islands. The Wing's first Commander was Lieutenant Colonel Ben Dillingham II, who received a Bronze Star for meritorious service in World War II.